



Dear Parents and Carers,

We would like to provide you with some useful information with regards to hygiene and first aid in September.

Although the current pandemic is moving forward in a positive direction, some form of social distancing will still be in place and high levels of hygiene will need to be maintained.

Please continue to work with and remind your children over the summer break about the importance of good hygiene and hand washing.

Hand washing should be done regularly and for a minimum of 20 seconds. This is the length of time it takes to sing the song 'happy birthday' twice and the children are already familiar with this.

With regards to coughs and sneezes, the NHS advice is: Catch it, bin it, kill it. Please familiarise the children with this slogan and explain to them that we must catch a sneeze or cough into a tissue, throw the tissue away and then kill the germs by washing hands.



The children will also need to be independent and responsible in cleaning up after themselves when they have used tables and equipment.

In terms of first aid we will be encouraging the children to attend to minor grazes and scrapes themselves by washing thoroughly with water. There will also be plasters available for them to apply if necessary. Anything that requires more than this will result in parents/carers being called to come and collect their child or, in the case of an emergency, the emergency services would be contacted as usual. There will be disposable ice packs available if needed and as per school policy a courtesy call home will be made if a child has a minor bump to the head but can stay in school for continued observation.

It is our duty as a school community to look after ourselves and others as much as possible.

If your child requires **prescribed** medication during the school day (not including long standing medication such as asthma inhalers), eg antibiotics that have been prescribed for 4 times per day, please contact the welfare team to discuss this and complete the attached permission to administer medication form **before** bringing the medication into school. All

medicines must be handed directly to a member of staff by an adult. You will be advised by the welfare team when and where to hand this medication in.

Lastly, a reminder that if your child has food allergies that have been formally diagnosed then it is important that you liaise with The Pantry. They will be able to discuss menu options for your child. Their number is 020 8813 7040.

May we take this opportunity to wish all our families a safe and happy summer and we look forward to welcoming you back in September.

Kind regards,
The JLA Welfare Dept.

